



Cat Trax

2022 - 2023

KANSAS STATE UNIVERSITY
BUD LIGHT



What is Cat Trax?

Cat Trax is a student engagement program designed to help K-State students make the most of their college experience.

Accessible through OrgCentral, students can earn points, prizes and more by doing things that help them get involved, stay healthy, broaden their horizons, and prepare for their future career.


Cat Trax

Where will your journey take you?

How does it work?

Cat Trax identifies experiences every K-State student should have and organizes them into checklists.

Each checklist has a number of items to complete. To complete an item, students can choose from a list of provided actions.



GET INVOLVED CHECKLIST

Explore Student Organizations

Complete 3 of the following:

- Update your profile in OrgCentral*
- Attend a student organization event*
- Contact a student organization
- Join a student organization
- Meet with a CSI staff member

Participate in K-State Traditions

Complete 2 of the following:

- Attend a Week of Welcome signature event*
- Attend a K-State Athletics event
- Participate in Family Day
- Attend a Homecoming event
- Attend Open House

Get Involved in Campus Activities

Complete 2 of the following:

- Complete the Involvement Exploration Quiz*
- Participate in the SGA Intern Program
- Attend a Union Program Council event
- Attend a residence hall event
- Complete the Union scavenger hunt
- Attend a fine arts event

*required

BE WELL, BE YOU CHECKLIST

Take care of
your mental and
emotional
well-being

Complete 1 of the following:

- Utilize YOU@KSU
- Attend a Morrison Family Center for Student Well-being event
- Complete the Green Bandana project

Practice
physical
well-being

Complete 1 of the following:

- Workout at the Rec
- Participate in Intramurals
- Attend a group fitness class
- Climb at the rock wall
- Attend a Rec Services event
- Checkout Outdoor Rental Center equipment
- Go bowling in the Union

Manage your
financial
well-being

Complete 1 of the following:

- Meet with Powercat Financial to prepare your personalized college financial plan
- Attend a Powercat Financial interactive event or workshop

Promote
safety on our
campus and in
our community

Complete 2 of the following:

- Sign up for K-State Alerts*
- Learn about SafeRide*
- Attend a Wildcats Make a Pact bystander intervention training
- Download the Guardian app

*required

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BE CAREER READY CHECKLIST

Take steps to
get
career ready

Complete 3 of the following:

- Activate your Handshake account*
- Upload your resume in Handshake
- Visit the Career Center Studio
- Check out the Career Closet
- Attend a career-focused event
- Take a career assessment
- Upload a professional profile picture

ENGAGE WITH DIVERSITY CHECKLIST

Engage in our
mutually inclusive
community

Complete 1 of the following:

- Participate in Wildcat Dialogues
- Attend KSUnite
- Take a S.A.F.E. Zone class

*required

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Where will your journey take you?

Where can I learn more?

Cat Trax is provided by the Center for Student Involvement and is accessible through K-State's online student engagement platform, OrgCentral. Contact the CSI for assistance and download the OrgCentral mobile app for easy access to Cat Trax and more!

Special Thanks to our Campus Partners

Career Center; Center for Advocacy, Response, and Education; Diversity and Multicultural Student Affairs; Housing and Dining Services; K-State Alumni Association; K-State Athletics; K-State Student Union; Morrison Family Center for Student Well-being; Office of Diversity and Inclusion; Office of Recruitment and Admissions; Parent and Family Programs; Powercat Financial; Recreational Services; Student Governing Association; Union Program Council; Wildcat Dialogues

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